

Center for Rehabilitation Health & Fitness Center

- TREADMILLS
- BIKES
- STAIRMASTERS
- ROWERS
- EXERCISE MACHINES
- FREE WEIGHTS
- ELLIPTICALS
- LOCKER ROOMS
WITH SHOWERS



MEMBERSHIP RATES

1 MONTH: \$28

3 MONTH: \$77

6 MONTH: \$154

12 MONTH: \$220

STUDENT MEMBERSHIP:

3 MONTHS FOR \$44

FITNESS CENTER HOURS:

Monday - Thursday: 7AM-9PM ■ Friday: 7 AM-6PM

Saturday: 7AM-12PM

FOR MORE INFORMATION, STOP IN TO SEE OUR FRIENDLY STAFF OR CALL!

6190 HOSPITAL DRIVE SUITE 101 CASS CITY, MI 48726

989-872-2084

**IF INCLEMENT WEATHER OCCURS, PLEASE CALL BEFORE YOU COME IN TO SEE IF WE ARE OPEN*